



La Calle Menu for Project A.W.A.R.E 2023



Sunday July 9: Otter Creek Park

Dinner:

Beef Burgers, Black Bean Burgers, Bratwurst, Baked Beans, relish, tomatoes, lettuce, onions, jalapenos, pickles. Mixed Vegetables, Mixed Greens Salad, Dessert, Iced Tea & Lemonade, 2% Milk, Skim Milk, Soy Milk

Monday July 10: Otter Creek Park

Breakfast:

Scrambled Eggs, Sausage Links, Hash Browns, Fresh Fruit, Orange Juice, Coffee, 2% Milk, Skim Milk, Soy Milk

Lunch Sandwich Bar:

Assorted Breads; Deli Meats. Deli Cheeses. Vegetables: Lettuce, Tomatoes, Cucumbers. Assorted Condiments and Sauces, Whole Fruit, Assorted Cookies and Bars

Dinner:

Make your Own Grain Bowl: Rice, Quinoa, Tofu, Lentils, Chickpeas, Boiled Eggs, Carrots, Radishes, Peppers, Spinach, Cilantro, Sauces, Salad, Dessert. Iced Tea & Lemonade, 2% Milk, Skim Milk, Soy Milk

Tuesday July 11 Otter Creek Park

Breakfast:

Cheesy Hashbrowns Eggs with Veggies, Diced Ham, Fresh Cut Fruit, Orange Juice, Coffee, 2% Milk, Skim Milk, Soy Milk

Lunch Sandwich Bar:

Assorted Breads; Deli Meats. Deli Cheeses. Veggies: Lettuce, Tomatoes, Carrots. Assorted Condiments and Sauces, Whole Fruit, Assorted Cookies and Bars

Dinner:

Taco Tuesday Bar: Corn and Flour Tortillas, Ground Beef, Black Beans, Spicy Corn, Shredded Lettuce, Diced Tomatoes, Cheese, Black Olives, Onions, Sour Cream, Salsa, Corn Chips. Dessert
Iced Tea & Lemonade Coffee, 2% Milk, Skim Milk, Soy Milk

Wednesday July 12: Otter Creek Park to Franklin Park,

Breakfast: Otter Creek Park

Continental B-Fast: Eggs, Granola, Yogurt, Muffins, Danishes, Cereal, Assorted Bread, Fresh Fruit, Orange Juice, Coffee, 2% Milk, Skim Milk, Soy Milk.

Lunch Sandwich Bar: Franklin Park

Assorted Breads; Deli Meats. Deli Cheeses. Veggies: Lettuce, Tomatoes, Onions. Assorted Condiments and Sauces, Whole Fruit, Assorted Cookies and Bars

Dinner: Franklin Park

Curry Chicken or Tofu, Jasmine Rice, Veggie Medley, Salad, Fruit and Dessert Lemonade, Iced Tea, 2% Milk, Skim/Soy

Thursday July 13: Franklin Park

Breakfast:

Breakfast Tacos: Corn & Flour Tortillas, Scramble Eggs & Potatoes, Pork Chorizo, Sauteed Veggies, Cheese, Salsa, Sour Cream, Fresh Fruit, Orange Juice, Coffee, 2% Milk, Skim Milk, Soy Milk

Lunch Sandwich Bar:

Assorted Breads; Deli Meats, Wraps, Deli Cheeses. Veggies: Lettuce, Tomatoes, Carrots. Assorted Condiments and Sauces, Whole Fruit, Assorted Cookies and Bars

Dinner:

Venezuelan Shredded Pork, White Rice, Mushrooms and Red Peppers, Black beans, Sweet Corn Pancakes (Cachapas), Vinaigrette Coleslaw, Dessert (Blue Bunny Ice Cream) Iced Tea & Lemonade, Coffee, 2% Milk, Skim Milk, Soy Milk

Friday July 14: Franklin Park

Breakfast:

Scramble Eggs, Sausage & Potatoes, Fresh Fruit Tray, Orange Juice, Coffee, 2% Milk, Skim Milk, Soy Milk

Lunch Sandwich Bar:

Assorted Breads; Deli Meats. Deli Cheeses. Veggies: Lettuce, Tomatoes, Carrots. Assorted Condiments and Sauces, Whole Fruit, Assorted Cookies and Bars

Please be advised that items on this menu are for informational purposes. Our menu is subject to changes based on availability of resources.