



La Calle Menu for Project A.W.A.R.E 2026



Sunday July 12: Gouldsburg County Park

Dinner:

Beef Burgers, Veggie Burgers, Bratwurst, Baked Beans, Relish, Tomatoes, Lettuce, Onions, Jalapenos, Pickles. Mixed Vegetables, Mixed Greens Salad, Dessert, Iced Tea & Lemonade, 2% Milk, Skim Milk, Soy Milk

Monday July 13: Gouldsburg County Park

Breakfast:

Scrambled Eggs, Sausage Links, Hash Browns, Fresh Fruit, Orange Juice, Coffee, 2% Milk, Skim Milk, Soy Milk

Lunch Sandwich Bar:

Assorted Breads; Deli Meats. Deli Cheeses. Vegetables: Lettuce, Tomatoes, Cucumbers. Assorted Condiments and Sauces, Whole Fruit, Assorted Cookies and Bars

Dinner:

Curry Chicken or Tofu, Jasmine Rice, Veggie Medley, Salad, Fruit and Dessert Lemonade, Iced Tea, 2% Milk, Skim/Soy

Tuesday July 14 Gouldsburg County Park

Breakfast:

Cheesy Hashbrowns Eggs with Veggies, Diced Ham, Fresh Cut Fruit, Orange Juice, Coffee, 2% Milk, Skim Milk, Soy Milk

Lunch Sandwich Bar:

Assorted Breads; Deli Meats. Deli Cheeses. Veggies: Lettuce, Tomatoes, Carrots. Assorted Condiments and Sauces, Whole Fruit, Assorted Cookies and Bars

Dinner:

Taco Tuesday Bar: Corn and Flour Tortillas, Ground Beef, Black Beans, Spicy Corn, Shredded Lettuce, Diced Tomatoes, Cheese, Black Olives, Onions, Sour Cream, Salsa, Corn Chips. Dessert
Iced Tea & Lemonade Coffee, 2% Milk, Skim Milk, Soy Milk

Wednesday July 15: Gouldsburg County Park to Elkader City Campground

Breakfast: Gouldsburg County Park

Continental B-Fast: Eggs, Granola, Yogurt, Muffins, Danishes, Cereal, Assorted Bread, Fresh Fruit, Orange Juice, Coffee, 2% Milk, Skim Milk, Soy Milk.

Lunch Sandwich Bar: Gouldsburg County Park

Assorted Breads; Deli Meats. Deli Cheeses. Veggies: Lettuce, Tomatoes, Onions. Assorted Condiments and Sauces, Whole Fruit, Assorted Cookies and Bars

Dinner: Elkader City Campground

Make your Own Grain Bowl: Rice, Quinoa, Tofu, Lentils, Chickpeas, Boiled Eggs, Carrots, Radishes, Peppers, Spinach, Cilantro, Sauces, Salad, Dessert. Iced Tea & Lemonade, 2% Milk, Skim Milk, Soy Milk

Thursday July 16: Elkader City Campground

Breakfast:

Breakfast Tacos: Corn & Flour Tortillas, Scramble Eggs & Potatoes, Pork Chorizo, Sauteed Veggies, Cheese, Salsa, Sour Cream, Fresh Fruit, Orange Juice, Coffee, 2% Milk, Skim Milk, Soy Milk

Lunch Sandwich Bar:

Assorted Breads; Deli Meats, Wraps, Deli Cheeses. Veggies: Lettuce, Tomatoes, Carrots. Assorted Condiments and Sauces, Whole Fruit, Assorted Cookies and Bars

Dinner:

Venezuelan Shredded Pork, White Rice, Mushrooms and Red Peppers, Black beans, Sweet Corn Pancakes (Cachapas), Vinaigrette Coleslaw, Peruvian Sauce, Dessert (Blue Bunny Ice Cream) Iced Tea & Lemonade, Coffee, 2% Milk, Skim Milk, Soy Milk

Friday July 17: Elkader City Campground

Breakfast:

Scramble Eggs, Sausage & Potatoes, Fresh Fruit Tray, Orange Juice, Coffee, 2% Milk, Skim Milk, Soy Milk

Lunch Sandwich Bar:

Assorted Breads; Deli Meats. Deli Cheeses. Veggies: Lettuce, Tomatoes, Carrots. Assorted Condiments and Sauces, Whole Fruit, Assorted Cookies and Bars

Please be advised that items on this menu are for informational purposes. Our menu is subject to changes based on availability of resources.